

Learning Approaches used in GO Team

GO Team creates team learning through a “mash up” of multiple approaches that speak to many learning styles. Put it all together, and every session of GO Team is fresh, and full of surprising learning exercises that speak to each of your learners in different ways.

| | | TOTAL TIME (Not including break) | Get-up-and-move or other fun energizers | Analyze and/or deconstruct models and terms | Introduction of team theory or processes | “Create meaning” via sticky note, whiteboard or flipchart exercises | Quizzes & questions | Self analysis and assessment of team profile or capabilities | Creation of a working document to guide future behaviors | Application of process to current/pressing issues | Case Study | Use of metaphor or story |
|-----------------------------|--|----------------------------------|---|---|--|---|---------------------|--|--|---|------------|--------------------------|
| Level 1: Setup for Success | 1. Getting Grounded in Team Basics | 2.5 to 3.5 hrs | ● | ● | ● | | ● | | | | | |
| | 2. Creating Team Operating Guidelines | 1.25 to 2.25 hrs | | | | ● | ● | ● | | | | |
| | 3. Establishing Team Purpose and Goals | 2 to 3.25 hrs | ● | | | ● | ● | ● | | ● | | |
| | 4. Clarifying Team Roles | 2.25 to 4 hrs | | | ● | | ● | ● | | | | ● |
| | 5. Building on Style Differences | 1.75 to 2.75 hrs | ● | | ● | | ● | | | ● | | |
| Level 2: Go Team! | 6. Assessing the Team | 1.75 to 2.75 hrs | | | | | ● | | | | | |
| | 7. Enhancing Team Communication | 2 to 3 hrs | | ● | ● | | | ● | | | | |
| | 8. Running Effective Team Meetings | 1.25 to 2.25 hrs | | | ● | | | ● | ● | | | |
| | 9. Making Team Decisions | 1.75 to 3.25 hrs | ● | | ● | ● | | | ● | | | |
| | 10. Avoiding Groupthink | 1.5 to 2.5 hrs | | | | | ● | ● | | ● | ● | |
| Level 3: See You at the Top | 11. Resolving Team Conflict | 1.5 to 2.5 hrs | ● | ● | ● | | | ● | ● | | | |
| | 12. Solving Team Issues | 2 to 3.5 hrs | | | ● | ● | | | ● | | | |
| | 13. Building Team Trust | 1.75 to 2.75 hrs | | | ● | ● | ● | ● | | | ● | |
| | 14. Giving and Receiving Feedback | 1.75 to 2.75 hrs | | | | ● | | ● | | ● | | |
| | 15. Sharing Leadership | 1.5 to 2.25 hrs | ● | ● | | | ● | ● | | | | |
| | 16. Sparking Team Creativity | 2 to 3.5 hrs | ● | ● | ● | | ● | | ● | ● | ● | |
| | 17. Managing Change | 1.75 to 3.25 hrs | | | ● | ● | | | ● | | | ● |
| | 18. Leveraging Team Learning | 1 to 2 hrs | | ● | ● | | ● | | | | | |



Questions? Contact Susan Gerke at: Susan@GoTeamResources.com or visit our website at www.GoTeamResources.com